



Meditation Circle

a safe, quiet space to - just be.

If you recognize the value of setting aside time for quiet reflection where you are free to exchange 'to do' lists for rest and openness to inner guidance, this is for you. There will be facilitated meditation, guided reflection and individual prayer.

Session: Tuesdays in December 2008

Time: 7:30am-8:15

Cost: a charitable donation

Goal: a quiet space to reflect, meditate, pray &/or just be

Location: St. John's chapel

For more information, please call 908-528-4628.